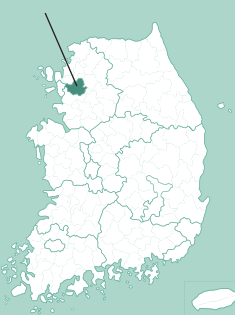


Seoul



SEOUL



Seoul is the capital city of South Korea and a large city with nearly 10 million people.

Having served as the capital city for over 600 years since the Joseon Dynasty (1392-1910), the city boasts its history and tradition with palaces built centuries ago and many other historical sites. It is also the city of the Korean Wave that has captivated the world with K-pop and K-drama while leading fashion and beauty trends. Its good public transportation system, including subways and buses, helps travelers enjoy their trip easily and comfortably.

Numerous medical institutions and hospitals include university hospitals, senior general hospitals, plastic surgery clinics, and Korean medicine clinics.



NOTICE

- The recommended travel courses are based on routes and themes, and they can be modified to suit your itinerary and preferences.
- Before visiting any tourist attraction, it is recommended that you check detailed information, including business hours and fees, on the website or over the phone.

Barrier-free tourism information icon



Accessible parking lots



Accessible toilets



Wheelchair rentals



Stroller rentals



Lactation rooms



Braille blocks



Braille signs

Large hospitals in the region

Name of Medical Institution	Address	Tel	Website
Asan Medical Center	88, Olympic-ro 43-gil, Songpa-gu, Seoul	+82-1688-7575	www.amc.seoul.kr
Chung-Ang University Medical Center	102, Heukseok-ro, Dongjak-gu, Seoul	+82-1800-1114	ch.cauhs.or.kr
Hanyang University Medical Center	222-1, Wangsimni-ro, Seongdong-gu, Seoul	+82-2-2290-8114	seoul.hyumc.com
Korea University Anam Hospital	73, Goryeodae-ro, Seongbuk-gu, Seoul	+82-1577-0083	anam.kumc.or.kr/index.do
Korea University Guro Hospital	148, Gurodong-ro, Guro-gu, Seoul	+82-1577-9966	guro.kumc.or.kr/index.do
Kyung Hee University Medical Center	23, Kyungheedae-ro, Dongdaemun-gu, Seoul	+82-2-958-9988	www.khmc.or.kr
Kyung Hee University Hospital at Gangdong	892, Dongnam-ro, Gangdong-gu, Seoul	+82-2-440-7000	www.khnmc.or.kr
Samsung Medical Center	81, Irwon-ro, Gangnam-gu, Seoul	+82-1599-3114	www.samsunghospital.com
Seoul National University Hospital	101, Daehak-ro, Jongno-gu, Seoul	+82-1588-5700	www.snuh.org
Severance Hospital	50-1, Yonsei-ro, Seodaemun-gu, Seoul	+82-1599-1004	sev.severance.healthcare
Gangnam Severance Hospital	211, Eonju-ro, Gangnam-gu, Seoul	+82-1599-6114	gs.severance.healthcare
The Catholic University of Korea, Seoul ST. Mary's Hospital	222, Banpo-daero, Seocho-gu, Seoul	+82-2-1588-1511	www.cmcseoul.or.kr
Ewha Womans University Seoul Hospital	260, Gonghang-daero, Gangseo-gu, Seoul	+82-1522-7000	seoul.eumc.ac.kr
Ewha Womans University Mokdong Hospital	1071, Anyangcheon-ro, Yangcheon-gu, Seoul	+82-1666-5000	mokdong.eumc.ac.kr
Konkuk University Medical Center	120-1, Neungdong-ro, Gwangjin-gu, Seoul	+82-1588-1533	www.kuh.ac.kr
SoonChunHyang University Seoul Hospital	59, Daesagwan-ro, Yongsan-gu, Seoul	+82-2-709-9114	www.schmc.ac.kr/seoul/index.do
CHA Gangnam Medical Center	566, Nonhyeon-ro, Gangnam-gu, Seoul	+82-2-3468-3000	gangnam.chamc.co.kr
Sahmyook Medical Center	82, Mangu-ro, Dongdaemun-gu, Seoul	+82-1577-3675	www.symcs.co.kr

Korean Culture Experience Tour in Seoul

DAY 1



Bukchon Hanok Village

A historic village where royal family members and high-ranking government officials lived during the Joseon Dynasty. This area boasts unique scenery with old *hanok* (traditional Korean house) buildings. You can rent a *hanbok*, a traditional Korean clothing, and experience various Korean cultural activities here, such as traditional embroidery, *hanji* (Korean paper) art, and tea ceremonies. There are many cafés remodeled from *hanok*, restaurants, and guesthouses, which offer a *hanok* stay.

📍 37, Gyedong-gil, Jongno-gu, Seoul
🏠 hanok.seoul.go.kr



Tip

How to Travel Bukchon Hanok Village Comfortably

1 Artee Riders Club

You can ride on a rickshaw to tour around Bukchon Village while listening to the tour guide in foreign languages (English, Chinese, Japanese).

☎ +82-1666-1693

2 WeRide Seoul Tram

It is modeled after the last tram of the 20th century, which once operated in downtown Seoul.

The conductor and ticket inspector tell stories about various places in Seoul as tour guides. There are some sections where you can pedal along to exciting music.

🏠 seoultram.modoo.at



Tea Therapy

It is a traditional Korean medicine tea café with the concept of the “teahouse for Korean medicine doctors” located in Bukchon Hanok Village. It recommends medicinal herb tea according to your body type and state of health. You can enjoy a foot bath while enjoying healthy herb tea roasted at the store.

📍 74, Yunboseon-gil, Jongno-gu, Seoul
☎ +82-2-730-7507

Tip

Healthy meals are available on weekdays from 11:30 a.m. to 1:30 p.m.



Gyeongbokgung Palace and Gwanghwamun Square

It was constructed in 1395 as the first palace of the Joseon Dynasty. Among Korean palaces, it has the largest scale and exquisite architectural beauty. You can admire the beauty of traditional Korean culture and architecture while looking around the palace. You can also visit the Gyeonghoeru Pavilion, the most beautiful pavilion in Korea. South of Gyeongbokgung Palace is Gwanghwamun Square, a place of rest for Seoul citizens and the center of the Seoul tour. The square has a green space to rest, fountains, and a media wall featuring media art, making it a good place to take a break.

📍 161, Sajik-ro, Jongno-gu, Seoul 🏠 www.royalpalace.go.kr



3

Tip. 1

You can enter Gyeongbokgung Palace for free by wearing a *hanbok* rented from a nearby store, as well as Changdeokgung Palace, Changgyeonggung Palace, Deoksugung Palace, and Jongmyo Shrine.

Tip. 2

You can enjoy the royal refreshments and royal herbal tea that the kings of the Joseon Dynasty had at Saenggwabang (a place where desserts and special meals for the king and queen were prepared) in Gyeongbokgung Palace. Reservation is recommended as it can be crowded.

🏠 www.ticketlink.co.kr/product/49400

4



HiKR GROUND

It is a trendy cultural space for Gen Z tourists established by the Korea Tourism Organization. With various Korean Wave tourism content like K-pop and K-drama combined with smart technology and media art, it provides a new experience for tourists. In particular, the second floor is designed like a music video film set, including a subway and coin laundry, offering an opportunity to shoot your very own K-pop music video.

📍 (Korea Tourism Organization), 40, Cheonggyecheon-ro, Jung-gu, Seoul

🏠 hikr.visitkorea.or.kr



Tip

The Medical Tourism Business Center is located on the first floor of the building. Detailed information about it is on page 11.

5

Gwangjang Market

It is Korea's first everyday market, and it has 100 years of history. It is known for the food alley at the middle intersection. It sells many delicious foods, such as mung bean pancakes, made with pork and various vegetables mixed in mung bean batter and cooked in oil, and beef tartare, made with freshly sliced beef mixed with seasoning.

📍 88, Changgyeonggung-ro, Jongno-gu, Seoul
🏠 www.kwangjangmarket.co.kr



Tip

A self-driving bus is running from Cheonggyecheon to Gwangjang Market. You can ride it for free by installing the “TAP!” app and making a reservation.

Android



iOS



DAY 2

6

OME Cooking Lab

OME Cooking Lab offers cooking classes for foreigners to learn how to cook Korean food. Unlike other classes where ingredients are prepared in advance, they visit Korea's traditional markets with participants to buy seasonal ingredients before the class. Making and tasting Korean food can be fun, as well as communicating with others who are also interested in Korean food.

📍 1F, 97-1, Yangnyeongsi-ro, Dongdaemun-gu, Seoul
 🏠 www.5-tastes.com

Tip If you have a food allergy or need to avoid certain ingredients because of disease, you must provide this information in advance when making a reservation.



7

Seoul K Medi Center

It is a traditional Korean medicine cultural space located in Seoul Yangnyeongsi, Korea's largest hub of the herbal medicine industry. You can enjoy various wellness programs, such as exhibitions at the Seoul Yangnyeongsi Herb Medicine Museum, foot bath, Korean medicine experience, Yakseon food experience, and Korean medicine café, in a beautiful hanok building in the urban area.

📍 26, Yangnyeongjungang-ro, Dongdaemun-gu, Seoul
 🏠 kmedi.ddm.go.kr



Tip Welcome Daehakro Festival is held around October every year to promote performance tourism in Korea. It offers diverse events, including performances with foreign language subtitles, online real-time performances, and street performances. (@welcomedaehakro)

Daehak-ro / Daehangno



It is a venue for Korean performing arts. There are various theaters around Marronnier Park, presenting various performances each day. In addition, there are many cafés, restaurants, and food stalls selling street foods around the theaters, making it a popular date spot.

📍 (Marronnier Park), 104, Daehak-ro, Jongno-gu, Seoul



Ikseon-dong Hanok Street

It is a narrow alley lined with hanok. This hot spot has hanok cafés that are popular on social media, restaurants where you must wait in line to eat, and boutiques with trendy products. Here, you can take retro vibe photos. At night, this alley with hanok and lights makes a beautiful photo background.

📍 Ikseon-dong, Jongno-gu, Seoul

10

8

Dongdaemun Fashion Town Special Tourist Zone

It is one of the largest shopping venues in Korea, with 30 shopping malls and 30,000 shops. In addition to trendy clothing, there are a variety of fashion items, including fabrics, subsidiary materials, and accessories. Some shopping malls are open until dawn, so you can enjoy shopping until late at night.

📍 Area of Euljiro 6(yuk)-ga, Jung-gu, Seoul
 🏠 www.dft.co.kr



Tip There are many restaurants near Dongdaemun, but the most popular dish is whole chicken stew. This dish involves boiling chicken, green onion, and potato in a clear broth on the spot. The savory chicken broth and soft chicken taste wonderful.



Course 2

Outdoor activity ★★★ Walking amount ★★★ Travel range ★★★

Seoul Beauty and Shopping Tour



Seongsu-dong

This area is currently the hottest spot in Seoul, having been transformed from an underdeveloped area where handmade shoe factories were concentrated. It has a collection of retro-vibe cafés and restaurants remodeled from old factories and houses, as well as prop shops and boutiques that sell unique items. In addition, pop-up stores of various brands, ranging from luxury to street fashion and food brands, are also opening.

📍 Area of Seongsu-dong 2(i)-ga Seongdong-gu, Seoul



Sinsa-dong Garosu-gil

It is one of the representative downtowns in Gangnam, Seoul. It is known for its flagship stores of fashion and beauty brands, boutiques with unique products, and cafés and restaurants with trendy interiors.

📍 Sinsa-dong, Gangnam-gu, Seoul



Gangnam Medical Tour Center

Gangnam Medical Tour Center provides total service related to medical tours in Gangnam. With specialized medical tourism guides for each language, it offers diverse services, such as customized medical tour consulting, interpretation services, concierge services that combine accommodation and shopping, and information on major tourist spots in Gangnam and Seoul.

📍 161, Apgujeong-ro, Gangnam-gu, Seoul
📞 medicaltour.gangnam.go.kr

Tip Recommended stores for travelers interested in K-beauty

- Jung Saem Mool Plops**
Jung Saem Mool is a world-renowned Korean makeup artist, and it is the flagship store of her beauty brand. Long-lasting cushion concealer is the most popular product.
📞 51-1, Garosu-gil, Gangnam-gu, Seoul
📍 www.jsmbeauty.com
- Tamburins Sinsa Flagship Store**
It is a cosmetic brand backed by BLACKPINK Jennie. A gallery-like interior is impressive. Perfumes and hand creams are the most popular products.
📞 44, Apgujeong-ro 10-gil, Gangnam-gu, Seoul
📍 www.tamburins.com
- House of Aromatica**
It is a vegan beauty brand that produces products that exclude ingredients harmful to the human body and uses eco-friendly ingredients and containers. Aloe vera gel and massage oil are the most popular products.
📞 41-4, Gangnam-daero 162-gil, Gangnam-gu, Seoul
📍 aromatica.co.kr

6

Lotte World Tower and Lotte World Mall

A 123-story, 555 m high skyscraper that is the fifth-tallest building in the world and the tallest in South Korea. It offers various facilities, such as a shopping mall, duty-free shops, an aquarium, and concert halls. Many foreign tourists visit here to shop for diverse fashion products, from luxury to casual fashion.

📍 300, Olympic-ro, Songpa-gu, Seoul
📍 www.lwt.co.kr

Tip

It is recommended that you look down at Seoul's beautiful night view from the Seoul Sky Observatory, which is 500 m in height.
📍 seoulsky.lotteworld.com



4



SPA1899

It is a spa salon run by the Korean ginseng brand CheongKwanJang. Various skincare programs are available to nurture the skin's natural beauty through the miraculous skin benefits of six-year-old red ginseng effects.

📍 B2, 416, Yeongdong-daero, Gangnam-gu, Seoul
📍 spa1899.co.kr

5



Lotte World Adventure

It is a theme park with the concept of Adventure and Magic Island. It consists of a large indoor theme park with a dome roof and an outdoor theme park on a lake. There are about 40 thrilling and fun attractions, and a colorful parade and fantastic sky mapping show are held every day.

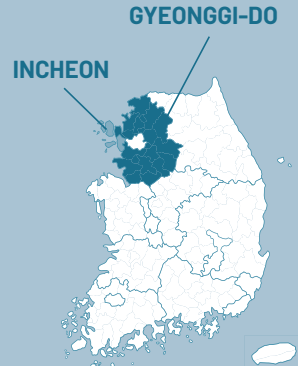
📍 240, Olympic-ro, Songpa-gu, Seoul
📍 adventure.lotteworld.com



Tip

You can rent pretty Korean school uniforms from nearby rental stores. How about taking many good photos in a school uniform at the amusement park?

Incheon & Gyeonggi-do



Incheon is an international city with an international airport that offers world-class services and facilities, as well as Incheon Port, a trade hub in northeast Asia. It is also a city of tradition that preserves its history and culture. Not only can you enjoy a luxurious vacation at a luxury resort, but you can also visit Korea's oldest temple and experience various traditional cultures in Incheon.

Gyeonggi-do Province surrounding Seoul has its own unique landscape and culture. Many attractive tourist attractions can be found here, including a security tourist site that preserves the history of the division of the Korean Peninsula, a village where you can experience pottery making, and an ecological botanic garden famous for its beautiful scenery.

Subways and metropolitan buses connect Incheon and major cities in Gyeonggi-do to Seoul, making day trips easy and convenient.

NOTICE

- The recommended travel courses are based on routes and themes, and they can be modified to suit your itinerary and preferences.
- Before visiting any tourist attraction, it is recommended that you check detailed information, including business hours and fees, on the website or over the phone.



Barrier-free tourism information icon



Accessible parking lots



Accessible toilets



Wheelchair rentals



Stroller rentals



Lactation rooms



Braille blocks



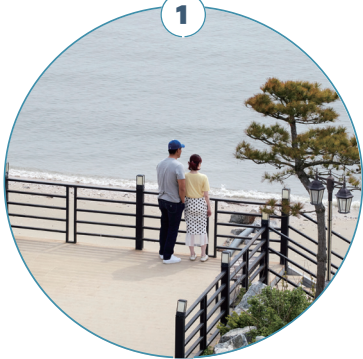
Braille signs

Large hospitals in the region

Region	Name of Medical Institution	Address	Tel	Website
Incheon	Inha University Hospital	27, Inhang-ro, Jung-gu, Incheon	+82-32-890-2114	www.inha.com
Incheon	Gachon University Gil Medical Center	21, Namdong-daero 774beon-gil, Namdong-gu, Incheon	+82-1577-2299	www.gilhospital.com
Incheon	The Catholic Univ. of Korea, Incheon St. Mary's Hospital	56, Dongsu-ro, Bupyeong-dong, Bupyeong-gu, Incheon	+82-1544-9004	www.cmcism.or.kr
Incheon	Catholic Kwandong University International ST. Mary's Hospital	25, Simgok-ro 100beon-gil, Seo-gu, Incheon	+82-1600-8291	www.ish.or.kr
Yongin	Yongin Severance Hospital	363, Dongbaekjukjeon-daero, Giheung-gu, Yongin-si, Gyeonggi-do	+82-1899-1004	yi.severance.healthcare
Goyang	CHA University Ilsan Medical Center	1205, Jungang-ro, Ilsandong-gu, Goyang-si, Gyeonggi-do	+82-31-782-8300	ilsan.chamc.co.kr
Goyang	Myongji Hospital	55, Hwasu-ro, 14beon-gil, Deogyang-gu, Goyang-si, Gyeonggi-do	+82-31-810-5114	mjh.or.kr
Goyang	Dongguk University Ilsan Hospital	27, Dongguk-ro, Ilsandong-gu, Goyang-si, Gyeonggi-do	+82-1577-7000	www.dumc.or.kr/index00.jsp
Goyang	Inje Univ. Ilsanpaik Hospital	170, Juhwa-ro, Ilsanseo-gu, Goyang-si, Gyeonggi-do	+82-31-910-7114	www.paik.ac.kr/ilsan/
Seongnam	Seoul National University Bundang Hospital	82, Gumi-ro 173beon-gil, Bundang-gu, Seongnam-si, Gyeonggi-do	+82-1588-3369	www.snubh.org
Seongnam	CHA Bundang Medical Center	59, Yatap-ro, Bundang-gu, Seongnam-si, Gyeonggi-do	+82-1577-4488	bundang.chamc.co.kr

Incheon Luxury Relaxing Tour

1



Masian Beach

It is a beach located in the vicinity of Incheon International Airport. The 3 km-long beach offers visitors an opportunity to dig out shellfish in the wetland when the tide is low. Near the beach is a café street, where you can enjoy beautiful scenery with a cup of coffee at an ocean-view café.

📍 118, Masiran-ro, Jung-gu, Incheon

Tip

Check the Masian Tidal Flat Experience Center's website for the tide schedule and for information about visiting the mud flat experiential site.

🏠 www.masian.co.kr

2



Hyundai Yachts Incheon

It is Korea's first wellness yacht program to experience relaxing meditation on a yacht. By sailing smoothly on the quiet sea, you can relax your body and discover your inner self through meditation. You can also enjoy marine healing programs, including the Balance Yachting, which helps you maintain physical and mental balance on the ocean.

📍 A-1, 1F, 143, Wangsanmarina-gil, Jung-gu, Incheon

🏠 www.hdcosmos.com

Tip

In addition to the wellness yacht program, other many programs are available on a yacht, including yacht parties, yacht fishing, marine leisure activities, engagement proposals, and wedding ceremonies.



4



Tip Paradise City CIMER's facilities

1 Wonder Box

An indoor family amusement park built on the concept of a night-time fair. It offers dynamic attractions and fantastic carnival performances

2 Art Space

An art space that exhibits contemporary art of various genres by popular Korean and global artists

3 Shopping Plaza

A shopping arcade with various restaurants, cafés, and trendy lifestyle boutiques

Paradise City CIMER

It is a spa that combines European aesthetics and Korea's uniquely relaxing *jjimjilbang* (sauna) culture. It has Infinity Pool with an open view of the West Sea to enjoy sunset, an open-air spa, a relaxing dry sauna, and a thrilling water slide zone. In addition, there is a restaurant where you can taste signature dishes worldwide and a bar to enjoy cocktails and alcoholic beverages.

📍 186, Yeongjonghaeannam-ro 321beon-gil, Jung-gu, Incheon

🏠 www.p-city.com

3

INSPIRE Entertainment Resort

It is a grand resort complex with a five-star hotel of three buildings and a variety of amenities and entertainment.

The resort features INSPIRE Arena, a multi-purpose performance hall equipped with the highest-quality video and sound system in the world, an indoor water park that can be enjoyed all four seasons, and a realistic media art exhibition hall with the theme of space. One of the most popular shows is Aurora Show, a state-of-the-art digital entertainment show with large LEDs on the ceiling and walls.

📍 127, Gonghangmunhwa-ro, Jung-gu, Incheon

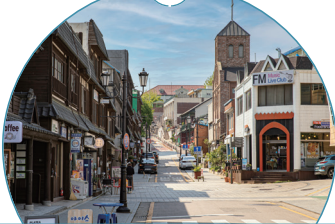
🏠 www.inspirekorea.com

Tip

The Aurora Show runs from 8:00 a.m. to 12:00 midnight at a 30-minute interval. The Rotunda's Iconic Kinetic Chandelier Show runs on the same floor from 9:00 a.m. to 12:00 midnight, starting at 15 and 45 minutes past each hour.

Incheon's Past and Future Tour

1



Tip

The Open Port EZ Tour allows you to ride an eco-friendly electric train with a tour guide and look around the main attractions along Open Port Street.

Reservation

+82-32-777-3773 www.jo-euntour.com

The Historical and Cultural Street of the Open Trade Port

The street has captured historical traces over 140 years since the opening of Incheon Port in 1883, with Western buildings from the late 19th century, Japanese wooden buildings, and Chinese buildings. There are many things to look around, including the Incheon Art Platform, a cultural creation space renovated from the buildings of the port opening period, the Incheon Open Port Museum, and the Incheon Open Port Modern Architecture Museum. You can also find many cafés with a retro vibe using old buildings.

24, Gwan-dong 1(il)-ga, Jung-gu, Incheon

2



Tip

On the building's second floor is a Noodle Rainbow photo spot where various Korean ramyeon noodles are displayed by color.

Noodle Platform

It is Korea's first noodle-themed complex culture space. It consists of the Noodle Theater, where you can watch videos about the history of various noodles that developed around Incheon, Incheon Noodle Street, reproduced from the old Incheon streets and restaurants, and the Noodle Experience Room, where you can make your own ramyeon.

36, Sinpo-ro 27beon-gil, Jung-gu, Incheon
ijcf.or.kr



3



Tip

The most famous deep-fried and braised chicken restaurant in the market is Sinpo Dakgangjeong. You just have to find a restaurant that always has a long line.

Sinpo International Market

It is a traditional market that dates back to the late 19th century when the Incheon Port was opened and vendors began selling goods to the Japanese, Chinese, and Westerners who settled in the area. The market is known for its most famous deep-fried and braised chicken restaurant in Korea. Moreover, it has many other popular dishes, such as sundae, mandu, and spicy chewy noodles, so this market attracts many tourists.

6-6, Sinpo-dong, Jung-gu, Incheon



4



Tip

A memorial monument for the Russian soldiers who died in the waters off Incheon is erected in commemoration of the 100th anniversary of the Russo-Japanese War, along with matryoshkas, the Russian traditional dolls.

Yeonan Pier Marine Square

It is a marine square located near the Incheon Port Coastal Passenger Terminal. You can take a walk while admiring the scenery of the dock where fishing boats arrive and depart, or climb up to the observatory for a panoramic view of the sea. There is the Incheon General Fish Market and the Raw Fish Center nearby, where you can taste fresh seafood, and a large café where you can enjoy a cup of tea while admiring the ocean view.

36, Yeonanbudo-ro, Jung-gu, Incheon
www.icjg.go.kr/tour



5



THE SPA HASTA

It is a premium spa on the 6F of the Sheraton Grand Incheon Hotel. Various therapy programs, including facial therapy, body therapy, and stone therapy, are available. Moreover, it offers a special relaxing time using hydro water and local specialties (Ganghwado Island's mugwort).

6F, 153, Convensia-daero, Yeonsu-gu, Incheon
hastasheraton.modoo.at

6



Songdo Central Park

It is a public park in the center of Songdo International Business District, covering 46 ha. It has various convenient facilities, such as a sculpture park, walking trails, and bicycle rentals. You can also experience a water taxi or moon boat ride along the 1.8 km-long sluiceway that runs through the center of the park. The crescent-shaped moon boat lights up colorfully at night, creating a stunning view.

160, Convensia-daero, Yeonsu-gu, Incheon
www.insiseol.or.kr



Tip

Gyeongwonjae Ambassador Incheon, a hotel that embodies the elegance of a hanok and the convenience of a five-star hotel, is located in the park. It allows you to relax and experience traditional Korean culture at the same time. www.gyeongwonjae.com

Incheon Ganghwado Detox Tour



1

Ganghwa Luge

You can enjoy a luge designed to descend the hill without power. It boasts a 1.8 km track, the longest in Asia. You can enjoy the speed and thrill of riding down many curved tracks.

📍 217, Jangheung-ro, Gilsang-myeon, Ganghwa-gun, Incheon
🏠 www.ganghwa-resort.co.kr



2

Jeondeungsa Temple

It is the oldest extant Buddhist temple in Korea, founded in the year 381. It has six Treasures and many other cultural heritage, including the Daeungjeon Hall, Yaksajeon Hall, and the bell. It is located on Jeongjoksan Mountain of Ganghwa Island and is known for its beautiful mountain path leading up to the temple. In autumn, you can enjoy the beautiful scenery with foliage, clear skies, and old temples.

📍 37-41, Jeondeungsa-ro, Gilsang-myeon, Ganghwa-gun, Incheon
🏠 www.jeondeungsa.org



Tip

A temple stay program that allows visitors to engage in the daily lives of monks is available.



3

Geumpung Brewery

It is a traditional liquor brewery on Ganghwa Island that has been handed down for three generations. *Makgeolli* (unrefined rice wine) is made with the best environment-friendly rice and groundwater from Ganghwa Island. The *makgeolli*-making process is exhibited in the almost 100-year-old brewery building. You can also taste Korea's first vegan-certified eco-friendly *makgeolli* and experience *makgeolli* making.

📍 8, Samnangseong-gil, Gilsang-myeon, Ganghwa-gun, Incheon
☎ +82-70-4400-1931 📷 @ on_sul



Tip

Please make a reservation by phone or Instagram's direct message before visiting.

Sochang Fabric Experience Center

It is a place to learn about the history of *sochang* (cotton fabric), the main product of Ganghwa Island in the past, and experience it. The renovated building is a beautiful blend of a *hanok* built in 1938 and the former dye factory. You can see cotton fabric being made on a loom on site and enjoy experiences such as making handkerchiefs, stamping, wearing hanbok, and taking part in a tea ceremony.

📍 8, Nammunan-gil 20beon-gil, Ganghwa-eup, Ganghwa-gun, Incheon
☎ +82-32-934-2500

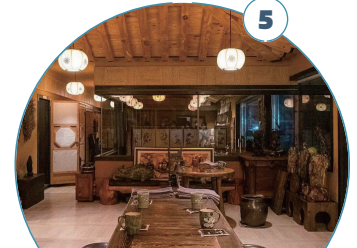


6

Yackseokwon

It is a wellness destination where you can boost your immunity by taking a sitz bath using mugwort from Ganghwa Island. A sitz bath using mugwort is known to increase basal body temperature, enhance immunity, and be good for skincare. You can experience a traditional mugwort sitz bath for 40 minutes and mugwort heat moxibustion for an hour in a warm red clay *ondol* (under-the-floor heating system) room.

📍 56-53, Jungang-ro 787beon-gil, Yangdo-myeon, Ganghwa-gun, Incheon
☎ +82-32-937-5338 🏠 ysc533.modoo.at



5

Tip

Please make a reservation by phone before visiting. You can also purchase healthy specialty products of Ganghwa Island, such as coffee made with Ganghwa mugwort, Ganghwa Gyodong rice, and rice made with thistles grown with sea breeze.

Oktokki Space Center

It is Korea's first aerospace theme park. The center has an exhibition hall that unravels the secrets of the universe in a fun and easy way, six types of space rides to experience the universe in person, and a 3D theater. In addition, the outdoor theme park offers a variety of things to enjoy, including a dinosaur forest with dinosaur sculptures, a sledding slope for all seasons, and a running water pool.

📍 403, Ganghwadong-ro, Bureun-myeon, Ganghwa-gun, Incheon
🏠 www.oktokki.com



4

Paju/Goyang Tour with Your Family



Byukchoji Gardens

It is a botanical garden where East meets West. It has 27 gardens with various themes, such as excitement, mythology, adventure, freedom, meditation, and impression. Each garden boasts beautiful scenery like a photo spot.

📍 242, Buheung-ro, Gwangtan-myeon, Paju-si, Gyeonggi-do
🏠 www.bcj.co.kr



Tip It is known as the filming location for the movie *The Handmaiden* and TV series like *Hotel del Luna*, *Descendants of the Sun*, and *My Love from the Star*.



Tip In addition to the dry spa, there are also indoor and outdoor water parks. Multi-pass tickets let you enjoy both the dry spa and the water park for a discounted price.



Heyri Art Village

Tip You can visit the ticket office in front of Gate 4 to find out what museums and experience programs are available at Heyri Art Village.

It is a village created by about 380 artists, including painters, musicians, writers, and architects. It has various art spaces like workshops, galleries, museums, and performance halls. Simply strolling around town is enjoyable due to the many unique and beautiful buildings. You can also experience pottery and crafts at workshops.

📍 70-21, Heyrimaeul-gil, Tanhyeon-myeon, Paju-si, Gyeonggi-do
🏠 heyri.net

Aquafield Goyang

It is a therapeutic space inside Starfield Goyang, a large shopping mall. It is a place where the traditional Korean spa has been developed into a modern spa program, allowing you to enjoy eight different themed spas in a relaxing atmosphere. After sweating it out in the sauna using healthy ingredients like charcoal, red clay, and mugwort, you can rest in the relaxation room.

📍 1955, Goyang-daero, Deogyang-gu, Goyang-si, Gyeonggi-do
🏠 www.aquafield-ssg.co.kr/goyang/index.af



6

3

Imjingak National Tourist Area

It is a unification and security tour complex around Imjingak, a building for North Korean refugees. A beautiful 10-ha park that symbolizes peace and the war relics that show the horrors of war coexist in this special place. There are various facilities, including DMZ LIVE, where you can experience the history and ecological environment of the DMZ through virtual reality (VR) and augmented reality (AR). Imjingak Peace Gondola that travels to the Civilian Control Zone (CCZ) area, and Hill of Wind with 3,000 colorful pinwheels on a wide grass hill.

📍 177, Imjingak-ro, Munsan-eup, Paju-si, Gyeonggi-do
🏠 +82-32-934-2500



Tip If you are interested in the division of Korea and the DMZ, you can participate in the DMZ Peace Tourism Course program, which tours The 3rd Tunnel, Dora Observatory, and Tongilchon (Unification Village) for about 3 hours by bus. Tickets can only be purchased on-site at the Korean Peninsula Ecological Peace Tourism Information Center's ticket office in the Imjingak National Tourist Area. Visitors must fill out an entry application form and submit an ID card.



Hyundai Motorstudio Goyang



It is a mobility theme park created by Hyundai Motor Company. You can learn about how cars are manufactured, how they function, and future technologies through exhibitions and multimedia. In addition, you can take a close look at Hyundai Motor's latest vehicles on display.

📍 217-6, Kintex-ro, Ilsanseo-gu, Goyang-si, Gyeonggi-do 🏠 motorstudio.hyundai.com/goyang

Bamnidan Street

It is a café street in Jeongbalsan-dong, where many antique furniture stores and workshops line up. There are fairy-tale-like cafés and dessert shops between the houses, as well as many restaurants that serve dishes from around the world, making it a popular date spot.

📍 Jeongbalsan-dong, Ilsandong-gu, Goyang-si, Gyeonggi-do



5

Icheon/Gwangju Relaxing Tour

DAY 1

1



Icheon Ceramics Village (Ye's Park)

It is a village with over 200 workshops for pottery, crafts, art, music, sculpture, photography, and others. You can experience various programs, such as pottery making, woodworking, hand painting, and making your own music box.

📍 57, Dojayesul-ro, Sindun-myeon, Icheon-si, Gyeonggi-do
 🏠 www.2000yespark.or.kr

Tip The Icheon Ceramics Festival is held from late April to early May every year.

2

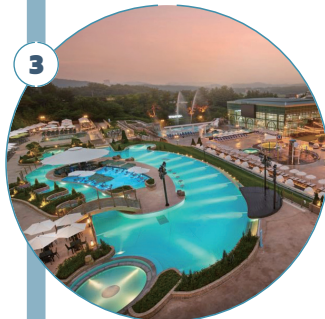


Tea House Eden

It is a black tea-specialized café known as the filming location for the Netflix series *The Glory*. You can leisurely enjoy black tea, milk tea, and scones in a café like a beautiful greenhouse full of plants. In addition, there is a large European garden outside that is great for a walk.

📍 449-79, Seoicheon-ro, Majang-myeon, Icheon-si, Gyeonggi-do
 🏠 www.edenparadisehotel.com

3



Termeden Spa & Resort

The name "Termeden" means "spa paradise" in German. It is a pool and spa resort, comprising the indoor space with the largest bade pool in Asia and the outdoor space where you can enjoy a spa and activities with 100% natural hot spring water in a beautiful forest with clean air.

There are also top-quality caravans and hanok accommodations where you can relax after the spa.

📍 984, Sasil-ro, Moga-myeon, Icheon-si, Gyeonggi-do
 🏠 www.termeden.com



DAY 2

4

Hwadam Botanic Garden

It is a botanic garden located within Konjiam Resort, designed to revive the ecosystem and serve as a means for people to communicate with nature. It exhibits approximately 4,000 types of native and introduced plants in 16 themed gardens by preserving the natural topography and vegetation as much as possible. It boasts beautiful scenery in all four seasons with various flowers and trees, and is especially famous for its foliage in autumn.

📍 278-1, Docheogwit-ro, Docheok-myeon, Gwangju-si, Gyeonggi-do
 🏠 www.hwadamsup.com



Tip Please make a reservation online before visiting (no ticket booths available). In addition, monorails are available for the elderly and those with limited mobility and can be reserved when making an online reservation.

5

Gyeonggi Ceramic Museum

It is a ceramics museum in Gwangju, which produced ceramics for the royal court for 500 years during the Joseon Dynasty. It displays artifacts and artworks that allow you to learn about the history and tradition of Korean ceramics, from Goryeo celadon to Joseon white porcelain.

📍 727, Gyeongchung-daero, Gonjiam-eup, Gwangju-si, Gyeonggi-do
 🏠 www.kocef.org/02museum



Tip Exhibition commentary in English is available on the Gyeonggi Ceramic Museum's mobile app.



Seoul Hot Spot Tour



Yongnidan-gil

It is a recently emerging destination. Here, you'll find decades-old restaurants, popular restaurants on TV and social media, and dessert shops where people are queuing before they even open. In addition to Korean food, you can also taste food from various countries.

📍 Area of Hangangno 2(i)-ga, Yongsan-gu, Seoul



Hongdae Street

It is a popular destination known as a playground for youth in Korea. There are many boutiques, cafés, dessert shops, and restaurants on the street. The street is filled with buskers and dance performances every day.

📍 Area of Seogyo-dong, Mapo-gu, Seoul



Beauty Play Hongdae

It is a K-beauty experience promotion center supported by the Ministry of Health and Welfare and managed by the Korea Cosmetic Industry Institute. You can test cosmetic products from excellent Korean small and medium-sized companies. Experience programs are also available, including getting makeup done by a professional makeup artist or using a machine to learn one's skin type or personal color at the self-care zone. You can also take photos in front of the subway and airplane-themed photo spots on the second floor.

📍 2F-5F, 16, Jandari-ro, Mapo-gu, Seoul
 🏠 beautyplay.kr/51

Tip A full makeup experience program is open for foreign travelers, and you can reserve the desired time on the website. This program is also available at the Myeongdong branch.
 🏠 beautyplay.kr/beautyexperience

3

Yeouido Hangang Park

It is situated in Yeouido, the heart of politics and finance in Korea. With a stunning view of the Hangang River and high-rise buildings, this park also has a large lawn plaza perfect for picnics. The park hosts many exciting events, from the Yeouido Cherry Blossom Festival in the spring to the Seoul International Fireworks Festival in the fall.

📍 In front of Exits 2 and 3 of Yeouinaru Station on Subway Line 5



5



1 Picnic by the Hangang River
 To enjoy a picnic, you can rent mats, blankets, and more at the rental stores near the park's entrance. You can also enjoy various foods from nearby street stalls or machine-cooked ramyeon from a convenience store by the Hangang River.



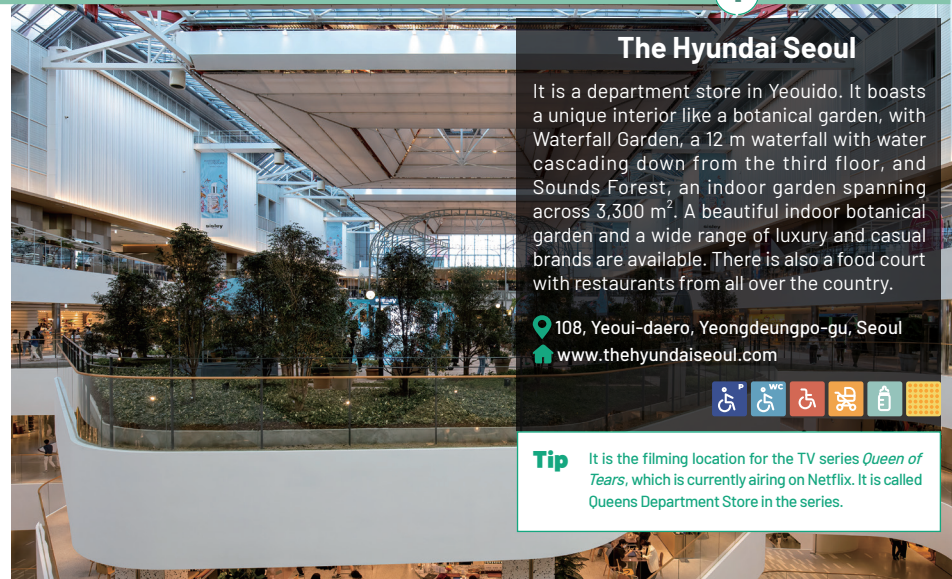
2 Hangang River Ferry Cruise
 You can board the cruise at Yeouido Dock, and its course and theme vary depending on the time. On the most popular Starlight Cruise, you can enjoy live music performances and the Banpo Bridge Rainbow Fountain Show.

Tip 3 ways to enjoy Yeouido Hangang Park

3 The "Moon of Seoul" Balloon Ride

You can enjoy a night view of the Hangang River from 150 m above the ground in a tethered helium balloon. This moored balloon is connected to the ground with a cable and can be enjoyed safely.

4



The Hyundai Seoul

It is a department store in Yeouido. It boasts a unique interior like a botanical garden, with Waterfall Garden, a 12 m waterfall with water cascading down from the third floor, and Sounds Forest, an indoor garden spanning across 3,300 m². A beautiful indoor botanical garden and a wide range of luxury and casual brands are available. There is also a food court with restaurants from all over the country.

📍 108, Yeoui-daero, Yeongdeungpo-gu, Seoul
 🏠 www.thehyundaiseoul.com



Tip It is the filming location for the TV series *Queen of Tears*, which is currently airing on Netflix. It is called Queens Department Store in the series.